

## 2025 Consecration Schedule



- **January 2-3** (No Sugar, Prayer & Scripture, and 15min “*ID-IG*”)
- **January 6-10** (1 meal per day after 3pm, Prayer & Scripture, and 30min “*ID-IG*”)
- **January 13-17** (Caloric Constriction, Prayer & Scripture, and 45min “*ID-IG*”)
- **January 21-24** (Personal Sacrifice, Prayer & Scripture, and 1hr “*ID-IG*”)
- **January 27-38** (43hr. “*Absolute Fast*,” Prayer & Scripture)

**Note:** *We are drinking water only for the entire month. However, you can drink the water whenever you'd like; accept during the Absolute Fast. The “Caloric Constriction” is gender specific. Men are allowed 2,000 calories per day and women are allowed 1,500. The weekly “ID-IG” stands for “Identify and Ignite” a new activity. This can be any activity you choose, as long as it is a new and productive activity. Also, we are abstaining from ALL forms of social media for the entire month. Lastly, we are limiting our TV watching on our designated fast days because we want to hear from God.*

**Pray this prayer at 9am, 12noon, and 3pm.**

Dear heavenly Father, before I ask you for anything, I **thank you** for everything you've done. Every way you have made, and every door you have opened. I even thank you today for the doors you have closed, for I know those closed doors have **kept** me from evil. God, I praise you right now for being Lord over my life. You **continue** to show yourself strong in every situation I face.

Now, God, I ask that you remember True Covenant Church. **Bless** us and keep us. **Rain** on us in our dry seasons. **Feed** us in times of famine. Show us **your power** when men shall rise up against us. Once again, **empower** us to resist the distractions of sin. **Lead** us toward the souls you are drawing to our portion of your kingdom. Cause us to be numbered in the “**Remnant of Israel**.” Allow our light to **shine** brightly in this sin darkened world. Cause our love for you to **grow** beyond our love for the flesh.

Lord, look on Pastor Ginyard. **Speak** to both his heart and his mind. **Strengthen** his body today, and **cover** him from the attacks of the enemy. Give him your divine wisdom, and **continue** to **reveal** to him your Word for our church.

Now God, I ask that you **bless** me. As I renew my relationship with you, I ask that you help me to abandon my will as in **Matthew 26:39**. Cause me to display the kind of **faith** that pleases you according to **Hebrews 11:6**. Help me to **humble** myself daily as in **1 Peter 5:6**. Keep my heart **repentant** according to **Acts 3:19**. Order my steps like the psalmist in **Psalms 119:133**. Finally, Lord, as always, hide **Your Word** in my heart, according to **Psalm 119:11**, that I might not sin against thee. I know that you can, and I believe, by faith, that you will. These and all other blessings I ask in Jesus' name. Thank God, Amen.

### **Acts 14:17 (KJV)**

**“Nevertheless he left not himself without witness, in that he did good, and gave us rain from heaven, and fruitful seasons, filling our hearts with food and gladness.”**

### **Isaiah 10:20 (KJV)**

**“And it shall come to pass in that day, that the remnant of Israel, and such as are escaped of the house of Jacob, shall no more again stay upon him that smote them; but shall stay upon the LORD, the Holy One of Israel, in truth.”**